

SEYMOUR HIGH SCHOOL  
Alternative Supervised Physical Education  
(ASPE)

- ASPE credit may be earned in all IHSAA recognized sports, marching band, cheerleading, bowling, and archery.
- ASPE credit does not count toward minimum course load requirements or IHSAA eligibility.
- Students may earn a maximum of two (2) credits for ASPE.
- Credits are limited to one (1) per season and one (1) per semester.
- Credit will be awarded at the end of the season and the student must finish the season in good standing.
- A minimum of sixty (60) hours of direct instruction and/or supervision from a Seymour High School coach or instructor is required for credit.
- Students must complete this sheet with the appropriate signature and turn it in to their counselor in order to receive credit.

STUDENT NAME \_\_\_\_\_

SPORT / ACTIVITY \_\_\_\_\_ SEMESTER: \_\_\_\_\_ SCHOOL YEAR: \_\_\_\_\_

COACH / INSTRUCTOR \_\_\_\_\_

As coach or instructor of the above named student, I have read and do understand the ASPE guidelines regarding ASPE credits. I attest that this student has:

1. Completed a minimum of sixty (60) hours of activity under my direct supervision or the direct supervision of an assistant coach in my program.
2. Finished the season or activity in good standing.

\_\_\_\_\_

Varsity Coach / Instructor Signature